[2016]

Associação Rede de Universidades da Terceira Idade - RUTIS

Giselle Janeiro

[1ST EVALUATION OF THE DISGN OF THE APP OF MICRO UNITS]

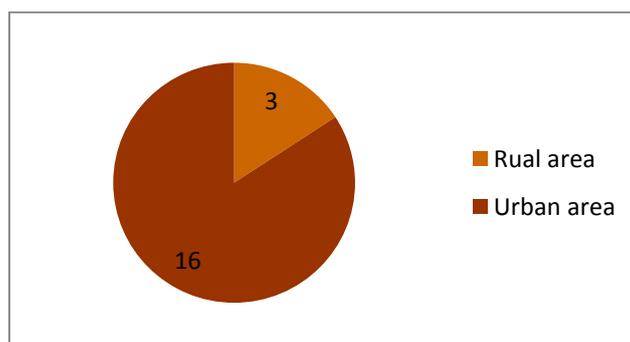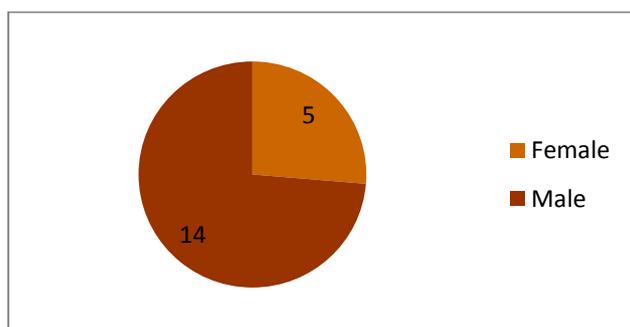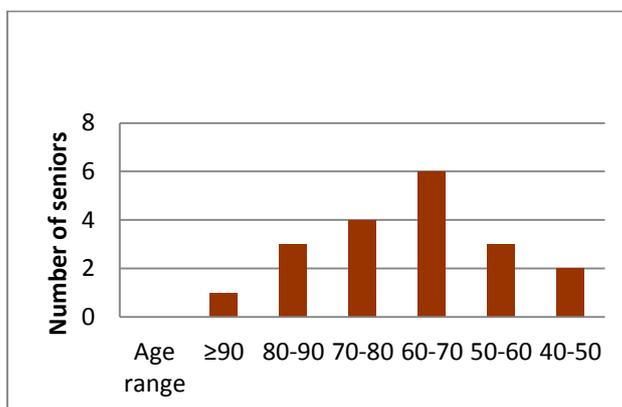May 2016

OPALESCE - Online Portal and Active Learning System for Senior Citizens in Europe

Project nr 2014-1-PT01-KA204-001044

The evaluation of the APP for the Micro Units was done in several individual sessions with volunteer seniors interested in the project.
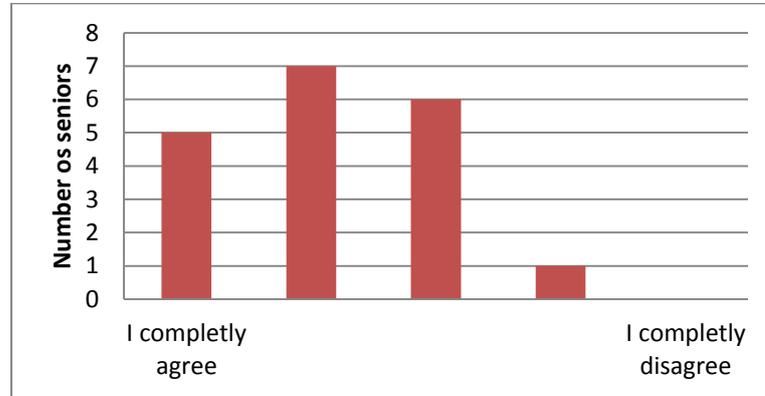
Preparation: The session was divided into different parts: a first part in which the seniors were given an explanation about the project and its goals and especially the Micro Units and a second part were they were presented with a questionnaire with some printouts of the design of the APP different templates, in order for them to give us their feedback.

Some information about the senior volunteers that participated in the evaluation
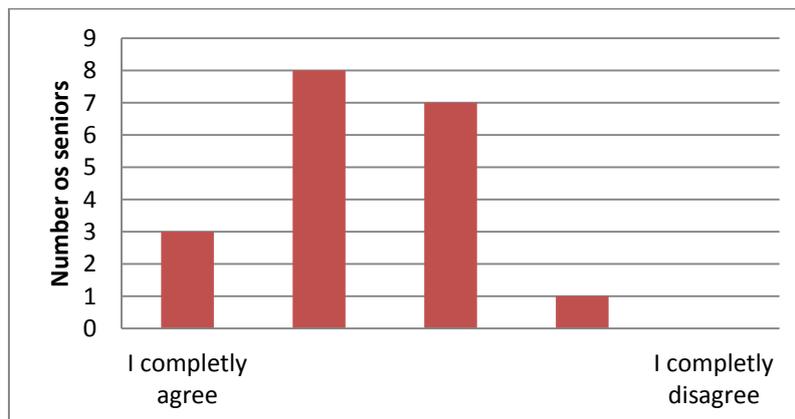
Results of the questionnaire

Question 1 – The colours are appropriate.

Observations:

- In general the seniors agreed with the choice of the colours of the App.

- There were some seniors (4) that had eyesight problems that could not distinguish the orange from the red in the menu.

- Several seniors (8) asked if there was the possibility of editing the colours so they could choose in accordance with their taste and needs.

- Some seniors (3) refer that the blue of the profile menu was a bit too bright what can cause problems if the text is white.
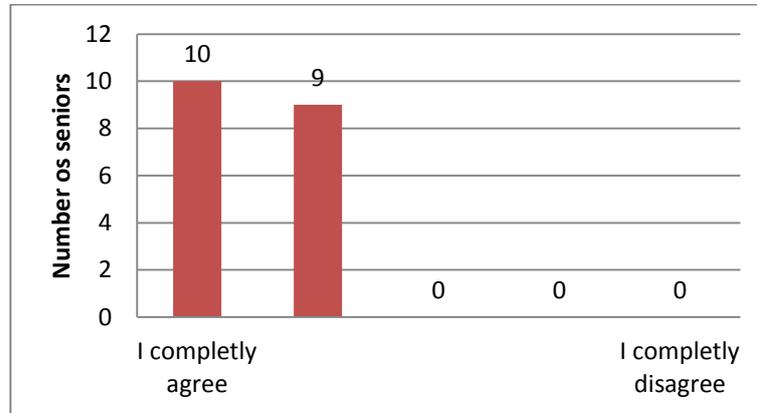
Question 2 – The size of the characters are appropriate.

Observations:

- There were not many observations in this question. The fact that there is the possibility to change views from portrait to landscape helps.
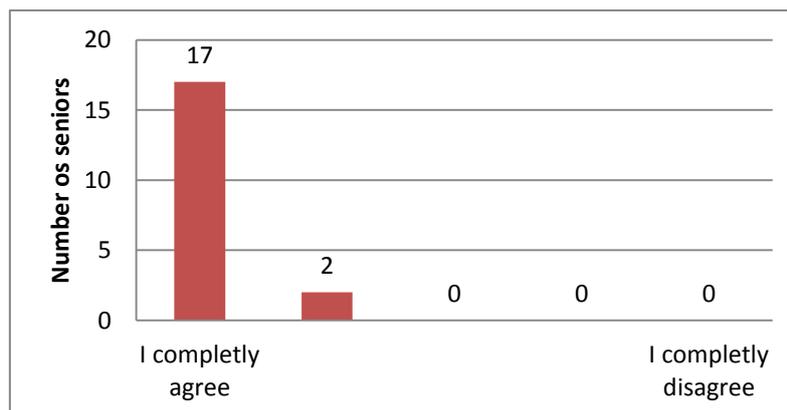
Question 3 – The presentation of the App is clear and the aesthetics is good.

Observations:

- The aesthetics of the App was much appreciated.

- Seniors enjoyed the design of the menu and found the triangles very interesting.

- The seniors thought it to be very simple with little information which enabled the reading of the information.

- They found it clean and with no distractions to what really was important.
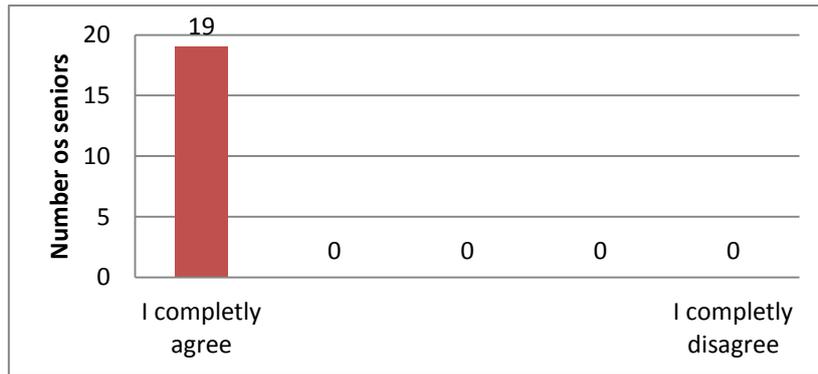
Question 4 – The information is was easy to find and I understand the content.

Observations:

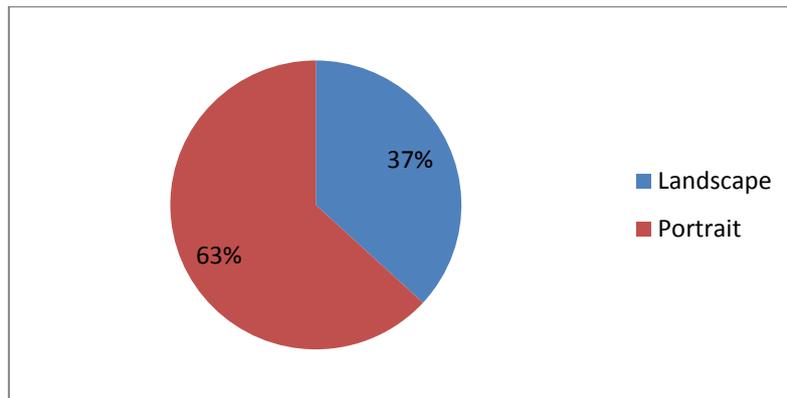- All seniors found it easy to understand the App and its menu.

Question 5 – I understand all topics of the menu.

Observations:

- All seniors understood the App menu

- The seniors easily identified that the colour of the menu were they were changed as they would follow to different sections.

- The seniors just refer that it is very important to keep the language easy in the menus.

Question 6 – Which view do you prefer?

Observations:

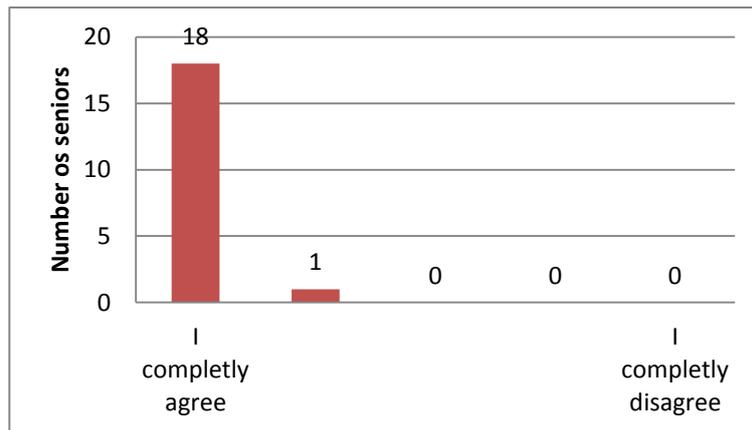- The seniors think that it is good to have both views because depending on the image their preference changes.

- They are costumed to use the phone vertically which influenced their choice.

- The seniors that chose the landscape view justified the choice with the size of the images and characters.

Question 7 – Please give us some topics for Micro Units you would like to find in the App.

- Tips for agriculture

- How to fill in the template regarding taxes on the online portal

- How to get the right App for the mobile phones

- Tips for recipes

- Traditional food

- How to deal with a member of the family that has Alzheimer's

- How should I prepare for my elderly years

- What is the best diet for people with diabetes

- What is Parkinson and how should I deal with it

- How should I look for the most appropriate institution for my parents

- How to dance the rumba

- Which exercises are appropriate for my age

- How can I use the online bank interfaces

- How to play the guitar

- Some interesting episodes of the Portuguese history

- Classical music

- Wine and its process

- Arts

- How to book a medical consultation using the internet

- How to get the hunting permit using the internet

- Hunting tips

- Dancing lessons

Question 8 – What is your opinion about having an online platform that enables you to communicate with other uses?

Observations:

- All seniors found the idea of being able to communicate with other uses very interesting and useful.

Discussion

As referred above, the seniors had a very complete explanation regarding the App and its goal as well as the Micro Units and its functions, so they were fully aware of all important information when they started the questionnaire.

The sessions were individual but in the cases of couples it was aloud for them to be together when answering to the questionnaire.

Overall seniors were very interested in the App and excited to see the prototype working on the mobile devices.

Since we do know every senior that participated we can, for sure, say that they were honest in answering the questionnaire and they were not influenced in any way us.

When the seniors have access to the prototype on the mobile devices the evaluation will be much strict and we believe that the answers will give us much more information.